
May 2018 i'mPOWERED! NMHOA's Educational Network

1 message

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To: Dave <david.r.anderson.nmhoa@gmail.com>

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and encourage them to subscribe.*

i'mPOWERED! May 2018

**NMHOA's
President Tim
Sheahan
Welcomes You to
i'mPOWERED!**

Welcome to NMHOA's educational series, i'm**POWERED!** As they say, "knowledge is power," which inspired NMHOA to create a distinctive name for this service that combines the three words I-am-empowered.

The goal of i'm**POWERED!** is to inform and educate so you have the tools to help yourself in dealing with the unique circumstances of manufactured home living. We hope you find the articles valuable and welcome your question or suggestions for future content.

Wishing you success and satisfaction!

As a Member, you have access to more resources. Archives for i'm**POWERED!** are kept on [NMHOA's website](#).

Log in to i'm**POWERED!** from the main menu using the password: **MHO2000***

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FEATURED ARTICLE:

Indoor Air Issues for Manufactured Homes

The air we breathe is vital for health and comfort. Poor indoor air quality has been listed as the fourth largest environmental threat to our country; and elements within homes have been increasingly recognized as threats to our nation's respiratory health. Learning how to control the home's indoor environmental quality is important for all homeowners and particularly so for individuals who suffer from allergies and asthma or have other respiratory illness and for homes with elderly or newborn occupants.

Manufactured homes have similar air quality issues as do other types of homes, however, their unique construction makes some of the causes and preventative measures different. The following ten items lists some of the more common issues with manufactured home air quality. ...

[READ MORE HERE](#)

Where to Go for Information on Indoor Air Quality

- 1. U. S. Environmental Protection Agency (U.S. EPA): INDOOR AIR QUALITY - Information Clearinghouse (IAQ INFO)**
- 2. NATIONAL RADON HOTLINES**
- 3. U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT**
- 4. YOUR LOCAL AMERICAN LUNG ASSOCIATION (ALA)**

[READ MORE HERE](#)

Ask Dave

Q: *How do I know if the indoor air quality in my manufactured home is bad?*

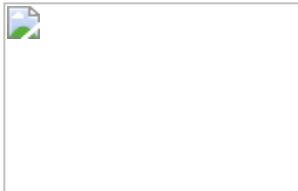
A: Here are a few signs you will want to look for when determining the quality of the air in

your home or workplace.

- 1) Pay Attention to Your Allergies. ...
 - 2) Notice New or Unusual Symptoms. ...
 - 3) Be Careful of Your Lungs. ...
 - 4) Note Your Surrounding Environment. ...
 - 5) Note Home Improvements or Repairs. ...
 - 6) Rule Out Other Culprits. ...
 - 7) Look for Inconsistencies In Air Distribution.
- ...
- 8) Contact a Professional. ...

[READ MORE HERE](#)

If you have a question for Dave, please email it to him at: dave.r.anderson.nmhoa@gmail.com



National Manufactured Home Owners Association

The mission of the National Manufactured Home Owners Association (NMHOA) is to promote, represent, preserve, and enhance the rights and interests of manufactured home-owners throughout the United States.

Donate to NMHOA



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Visit our website www.nmhoa.org

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